

August Schedule / 2010

Horaire de Aout

Heure d'ouverture! 3770 Decarie-514-872-9444

Lundi a Vendredi 15h-20h(3:00-8:00pm) + Samedi 13h-18h (1:00-6:00)

Activities are always Optional. We are first and foremost a drop-in centre, where youth can hang out and meet others.

3770 Decarie
Au Sud du metro
Villa Maria
514.872.9444

www.headandhands.ca

A gracious, pleasant and upfull New Year. We are wishing One and all the very best for 2010 may it bring us the Improvement we so need in collective harmony, liberation and Justice for all
A very special Bless-up to the First Nation may we truly recognize, remember and STOP!! Repeating the same mistakes and excuses, forward positively

MON 2	Tues 3	WED 4	THURS 5	FRI 6	SAT 7
Drop-in Studio obby Gripps & Ceasrock in House, Prep for Street Vibes	JP Presents: Planet Earth Series	3.30-6 pm Soccer and Gymnastics in Girouard Park	J2K Open-Ouvert 3-7pm Do my Ladies Run this ?! @ 8pm, Shaika Cafe	HOT DOGGIE DOG and BBALL JP & DEZ BBQ Friday	MAUVE MOVEMENT GYM ouvert 3-5
9 Studio ouvert, eparation pour Street Vibes avec Bobby Gripps & Ceasrock	10 J2k opens at 4 JP Presents: The Universe Series	11 3.30-6 pm Soccer et Gymnastique dans le parc Girouard	12 JP's KUNG FU Night	13 J2K Open 3-7pm I AM SOCA Levee de Fonds	14 Sortie Under Press Outing We leave J2K at 1: pm, back at 5 pm
16 J2K @ CITY COUNCIL "Save the REC" 5151 Cote-Ste-Catherine J2K au Conseil de Ville	17 J2k opens at 4 p.m JP Presents: Planet Earth	18 SREET VIBES' LAST REHEARSAL 3 - 8 pm.	19 STREET VIBES @ E.B Lounge 7 p.m.	20 Open Gym 4-6pm Snacks Drop-in	21 Open GYM 3-5 Cookies and Carribbean Movie
23 Drop-in	24 J2k opens at 4 pm JP Presents: The Universe	25 Open Gym 3 to 6	26 JP's KUNG FU Night	27 J2K Open 3-7pm Ndg off the wall in Girouard park	28 Open Gym3-5
30 Drop-in	31 Drop-in				