



ALL HEAD & HANDS WORKSHOPS START AT
\$100, WITH A SLIDING SCALE

DRUG EDUCATION WORKSHOPS

This workshop offers an introduction to drugs, alcohol, and harm reduction. The workshop is participatory, non-judgmental, and adapted to the group's needs. We seek to identify different drugs, how they affect the person taking them, the risks involved, and how to reduce those risks. Topics addressed in the workshop include decision-making about drugs, mixing drugs (including prescription drugs and alcohol), safer partying, how drugs affect your life (e.g. school work, relationships), drugs and sex, and how to avoid, recognize, and deal with drug overdose.

To book a workshop, email either - lizstreetwork@headandhands.ca or devonstreetwork@headandhands.ca

INTRODUCTION TO HARM REDUCTION

A basic introduction to the harm reduction approach to public and personal health especially as it relates to drug use and drug culture.

NALOXONE TRAINING

Overdose recognition and prevention including how to administer naloxone (opioid blocker)

SAFER PARTYING & DRUG USE

An introduction to safer drug consumption and overdose prevention