

## Head & Hands Annual Report 2016-2017

Since 1970

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### 2. YEAR AT A GLANCE

5 Things YOU Made Possible:

353 baskets of food distributed from our Emergency Food Pantry

114 youth received workshops on topics like “Know Your Rights,” Housing Rights, and Racial Profiling, including teens working summer jobs at the NDG Food Depot

Close to 8000 clean needles were distributed through the Street Work Program

308 STI tests through the medical clinic

204% increase in J2K attendance once the school year starts

### 3. VISION, MISSION, IMPACT

Our Vision:

A society in which all youth are participants and are inspired by the endless possibilities available to them.

Our Mission:

Our mission is to work with youth to promote their physical and mental well-being. Our approach is preventative, inclusive, non-judgmental, and holistic, with a fundamental commitment to providing an environment that welcomes youth without discrimination. We facilitate social change and the empowerment of youth based on their current needs within our community and society at large.

*'Growing up in N.D.G., Head & Hands has always represented for me the true essence of Montreal: cooperation, autonomy, and respect of differences.'* - Jeansil Bruyère, Board President, Aids Community Care Montreal

Supporting youth where they're at: A model built not on generalizing, but on ensuring that our services are tailored to every youth's needs, to help them define and implement their own solutions.

Helping youth help each other: Encourage youth to lead the way in everything we do, opening up diverse opportunities for them to share their knowledge and passion, and to shape their communities.

Amplifying youth voices: Promoting and representing the voices of Montreal's youth in our networks, so that those who would otherwise not be heard are listened to carefully.

#### 4. LETTER FROM THE DIRECTOR AND BOARD PRESIDENT

Dear friends,

It has already been another year, and yet again we are looking back at our triumphs and the lessons that we have learned together. We have had the pleasure of welcoming fantastic new members to the staff team and to the Board, and together we have been working to ensure that H&H can continue to provide youth with support that is tailored to their needs.

As funding realities become more challenging, we are grateful to our community and our supporters for believing in the work that we do, and most importantly in youth that we work with. We are striving to build capacity in evaluating the outcomes of our work, and look forward to sharing greater insights with you in the months and years to come.

Finally, we are all looking forward to a number of major projects in 2017-18, which will help ensure that we can meet the changing needs of our clients: from a deeper engagement to supporting youth in care, to creating a vibrant new space for our programs. Please follow us on Facebook or sign up for our newsletter to share in our excitement!

## 5. BRINGING YOUTH INTO FUNDRAISING

At Head & Hands, bringing our mission and mandate closer to the way we fundraise is a continued goal: particularly aiming to help youth help each other. This past year, we achieved our goals: all of our fundraising events were organized by youth under 26, most of whom were people of colour. Even our new donor thank you cards, which were debuted last spring, were all created by youth artists.

This past fall was a time of big changes. After 25 years of participating in the annual Ça Marche HIV/AIDS fundraiser, Head & Hands planned a smaller, more local event in Girouard Park called PARCours. Incredible collaboration with Aids Community Care Montreal and the Coalition des organismes communautaires québécois de lutte contre le sida made the event a wonderful day-long celebration, despite some rain late in the afternoon. After PARCours, we also “resurrected” an old favourite fundraiser: Faggity Ass Friday! The one-night-only Halloween party was a huge success, a reminder of our community’s love of dancing as well as their love of Head & Hands. Featuring a line-up of all youth of colour DJs, and a stellar costume contest, the reborn Faggity Ass Friday brought together former and current clients from around Montreal.

It’s not just our staff who have made fundraising special this year. The involvement of our community in our Solidarity Through Action program allowed us to deepen links with inspiring members of our community, like Carina, a student at St. Thomas High School in Pointe-Claire. In the summer, Carina reached out to us to organize a soccer tournament fundraiser for Head & Hands, as part of a school project. Carina raised more than \$3000 for Social Services. “Mental health,” she says, “has affected many of my closest friends, and I’ve witnessed firsthand the struggle of living with a mental illness, especially with the negative stigma that surrounds it.”

At the end of 2016, we said goodbye to Victoria Pilger, our Director of Funding & Development, after four years with the organization. We have welcomed Caro Mundele to our team, and we are so looking forward to seeing what new projects and perspectives she’ll bring to us!

## 6. MAKING CONNECTIONS

### 6.1. STREET WORK

Our revitalized Street Work Program has been able to maintain and build new relationships with the community while establishing fresh innovative practices to serve our clients with open arms. With our two street workers operating at full capacity, we have been able to cast a wider net of support across NDG. They have visited metro stations, group homes, community centres, and various places where youth hang out. The Street Work team has also integrated their expertise in a number of our other programs and services: working closely with a weekly presence at the Young Parents Program, and lending a hand at Jeunesse 2000. The strength and beauty of the program lies in it continuing to be the first point of contact, and the beginning of conversations that new clients need.

This year, the Street Work Program continued on the path of making distribution of safe drug

use materials more accessible, creating a new system in tandem with the Head & Hands front reception desk. Now clients can individually select what they need in the reimagined “Gear Bar,” instead of receiving pre-made bags. This self-directed and interactive experience shifts relationship building between clients and staff: clients are not only in charge of the amount they want to take, but also able to decide which items fit their needs on a given day.

*"Before this, I thought the only way for someone to stop using drugs was cold turkey - now I know they need support and can stop gradually if they want to" - Hassan\*, high school workshop participant*

- An average month in Street Work includes...
  - 676 clean needles being distributed
  - 45 first contacts
  - 47 phone interventions

## 6.2. INFORMATION AND REFERRAL

Information & Referral has reported an increase in clients accessing the space to use our services based on the Street Work team’s presence and outreach in the community. This has optimized the experience by creating a strong feedback loop between clients, the front desk, and Street Work.

As the first point of contact for anyone coming into the Head & Hands office, Information & Referral is the most essential program. Extensive lists of community referrals, on the spot interventions, and redirection towards internal services are all handled at the front desk. Not to mention the Emergency Food Pantry, which has consistently been sought after for underhoused and homeless youth especially, as one of the only food banks in the city that doesn’t require proof of address.

- 43 families with children accessed the food pantry, 39% of which were single parent families
- 10 phone calls on average every day

## 7. YOUTH TAKING CHARGE

### 7.1. JEUNESSE 2000

This year at Jeunesse 2000 (J2K), the youth expressed a strong demand for more health-conscious food and cooking workshops that allow them to be responsible for their own meals. In response, the J2K team started “Movie + Cooking Night,” featuring new movies like *Hidden Figures* and *Moonlight*. The groups of youth who attend Movie + Cooking Night are empowered to share knowledge by bringing their favourite recipes from home, and being

intentional about choosing what movies they'll watch together.

*“Movie + Cooking Night makes it possible for them to develop critical thinking around their choices, and responsibility towards their peers, while developing a larger sense of solidarity.” - Marcelle, J2K Animator*

J2K also received increased support from our Street Worker Liz, in the wake of the murder of Darius Brown, an NDG youth and J2K participant. Darius's death had a profound impact on our community, and was also followed by an incident of physical conflict between youth at J2K. Liz visited J2K to support with de-escalation and provide on-the-spot grief support. Liz also started a project with three youth to create a care package to send to the Attawapiskat Youth Council in the wake of the youth suicide crisis there. They made posters about youths' personal and family histories with colonialism, and learned about truth and reconciliation. One of the youth involved in the altercation at J2K participated in this project as part of a transformative justice-based response to the conflict. Through this youth's participation in poster-making, Liz learned that he had been close friends with Darius, and extended him a non-judgmental, compassionate ear. According to Liz, the poster project, and the youth's excitement to put glitter on posters, created a context for interaction and connection and opened space to process his grief and anger.

- 684 individual youth came through the doors of J2K
- J2K was open for 1315 hours

## 7.2. RISING STARS: AARON'S BOXING PROGRAM AT J2K

Another new program started this year at Jeunesse 2000 (J2K) is a once-a-week boxing lesson, taught by Aaron of Rising Star Boxing. Aaron uses boxing to speak to youth, as he knows what they're dealing with from his own experience.

*Aaron: “I came to J2K when I was a teenager. It gave us a place to hang out, instead of ‘posting on the block.’ We used to come to use the computers - this was before smart phones and WiFi. I used to be around a rough crowd, and got into boxing as a kind of way out. The experience, training, and discipline really appealed to me. I got my instructors license four years ago, and started my business.”*

In the fall, when Liz (a Street Worker at Head & Hands) told Aaron that she wanted a boxing program for the youth, he started coming once a week.

*Aaron: “I figured that if the sport did this for me, maybe it can make an impact in the lives of youth at J2K. Yes it's cardio, yes it's exercise, but I also see boxing as a form of therapy. Every sport is like that: you can let out stress, tension, and steam. If you let it out on the bag, and learn how to use your hands, you're not going to want to go out and start a fight.”*

The discipline of boxing isn't just about letting out steam. Physical activity, and an instructor like Aaron, helps a lot with communication.

*Aaron: “A lot of the youth don't know how to talk. But they come from where I came from, so it's easy for me to talk to them. I go to their level, and want to bring them up to mine. I used to talk fast and my brain couldn't keep up, and the kids at J2K are like that too. There's actually one*

*youth I've been working with who tells me he wants to compete. He's hard headed, and punches walls when he's angry. But after, it's easier to talk to him. He's calmer, takes his time, and can actually hear himself.*

*I want to help whoever I can. Even if it's just a few."*

### 7.3. LEGAL PROGRAM

This year, our Legal Coordinator, Ralph, has gone above and beyond our free legal clinic, working towards further deepened relationship building with youth. Ralph has been meeting youth all around the neighbourhood, for example at the NDG Food Depot, to develop new forms of outreach that continue in regular meetings. The workshops offered by the Legal Service have been able to provide space for youth to air out their frustrations and feelings of disempowerment, by having a more casual and personal approach. Ralph's workshops, on racial profiling and housing rights, are modeled after what young people tell him they want more access to. Participants often leave with positive feedback, saying they "feel more prepared to deal with real life experiences".

The need for our free legal clinic is also still very present, especially for low income families and youth. In 2016, 343 people accessed the legal clinic. A staple of NDG, people often choose the Head & Hands legal clinic despite a longer wait time, because it means being able to get a service where they live. We know that the more youth have information on their rights and how to access legal services, the more they become adaptable in their daily lives.

Through a combination of personal consultations with Ralph, the legal clinic, and workshops, we aim to encourage youth to become better allies to one another, and their communities.

- 114 youth received workshops on topics like "Know Your Rights," Housing Rights, or Racial Profiling
- Legal Clinic Stats (should be in a mini infographic)
  - Civil Matter (SAAQ claim, tickets, contracts, small claims, etc.): 35%
  - Employment & Unemployment: 6%
  - Criminal (shoplifting, jumping metros, assault, etc.): 17%
  - Youth Protection : 3%
  - Family Law (custody, alimony, separation, divorce, etc.): 21%
  - Tenancy: 12%
  - Others: 6%

*"I have the sincerest gratitude for the assistance your organization provided me. I had a concern about my employment contract, and the labour lawyer looked over my contract and offered her advice. I am now working in a very positive work environment in an excellent role, and I wouldn't have had the legal confidence to pursue this opportunity without the help of Head & Hands." -*

Jeffery\*, Legal Clinic client

#### 7.4. TRANS LEGAL CLINIC AT HEAD & HANDS

In May of 2016, Head & Hands Legal Clinic partnered with the Trans Legal Clinic to host an evening geared towards supporting youth who are navigating the system of bureaucracy around legal name changes.

### 8. BUILDING ESSENTIAL SKILLS

#### 8.1. THE YOUNG PARENTS PROGRAM

The Young Parents Program (YPP) supports families not just from a the NDG, but from all around Montreal. Parents come from as far as Saint-Michel and Brossard for the friends and larger family created at YPP.

Through the Community Kitchen program at YPP, parents come together to share their knowledge on food, recipes and skills, tips and tricks on shopping on a budget. Afterwards, everyone can take home enough food to supply a meal for themselves and their dependents. In 2016, YPP provided 68 hot lunches to more than 100 parents and children, with fresh ingredients and new recipes that parents could practice at home.

Workshops also became a large part of this year's programming. Parents enthusiastically request workshops and activities that provide necessary respite and learning opportunities. Workshops featured collaboration not just with other services and staff from Head & Hands, but also engaged the community with topics ranging from breathing techniques and meditation, to crafting and sewing.

This year also brought back events like Photovoice, organized by parents, to raise money for the program. Holding these responsibilities and working together towards a common goal has been an empowering experience for the parents to look back on as they transition forward out of YPP. The transitional year at YPP is reflected in the numbers fluctuating in participants of program, with many parents successfully moving into new chapters of their lives, getting employment, and ultimately gaining the confidence needed to occupy space.

- 7 Parents employed as part of the pre-employability cooking program
- 35 workshops, outings, and special activity days
- 12 new members of the YPP family

#### 8.2: SOCIAL SERVICES

The needs of the youth who access our Social Program are as individual as the youth themselves. One common theme that arrives is, "*Where do I go from here?*" On average, Rhonda, our counselor, sees 15 youth every week, who are often looking for support on how to take positive steps to ensure that they are making healthy decisions. Many of these youth come

to Rhonda for support working through personal crises such as difficult family situations, relationship breakups, losing employment, or severe anxiety.

The fact that there is no charge for the Social Program allows clients who cannot afford to pay for this type of intervention access to a service that can be life-changing or at least provide the support needed to satisfy the demands of the court system. Rhonda has seen many referrals from the judicial system, particularly for youth who must participate in counseling or treatment for “anger management,” at the demands of the court. Head & Hands is one of the only anglophone organizations with this service at no charge. Rhonda regularly writes letters of support to be included in youths’ court files as they navigate the legal burden of the court system and build a future for themselves.

At one group home in Montreal’s southwest, Rhonda has been able to build relationships with youth through visits every Tuesday for 7 weeks. There, she met with three teens of colour regularly to teach a babysitting course. They learned applicable life skills while having a resource available for the challenges they faced in their daily lives. While she was there to teach, Rhonda also held a discussion space to allow the youth to explore their emotions, and receive informal counseling in their own homes. When the mandate was over, the youths expressed a desire for the relationship to continue.

- 20% come to Rhonda from social worker, court, or other legal recommendations for counseling, anger management, parenting issues.
- 60% of clients are dealing with issues common to the developmental phases of adolescence, older adolescence, and young adulthood

## 9. A SAFETY NET FOR THE COMMUNITY

### 9.1. THE SENSE PROJECT

With the imminent changes to the Quebec government’s sexual education programming in schools, this year the Sense Project began a year of visioning. Charlie, our new Health Educator, has spent the second half of the year revisiting the program’s structure with youth, to better serve youth. This process has included many hours dedicated to incorporating former Sense volunteers, clients, and staff members’ perspectives on the future of the program.

While the Sense Project may have been slowed, it wasn’t gone completely. Now scaled down, the Sense Project’s emphasis has been on giving 10 workshops to schools located within the Côte-des-Neiges—Notre-Dame-de-Grâce borough, as well as workshops for community partners like Oxfam, the Walkley Community Centre, and the Sexual Assault Centre of the McGill Students’ Society.

*"Our class has had this iPad for 5 years, and I don't think in searching on the Internet for 5 years we could have learned what we did from this conversation"*

The reworked workshops given this year are being tailored to the way today’s teenagers live, with a particular emphasis on consent and safer practices on social media and texting.

- 10 hours of focus groups with ex-volunteers and ex-coordinators of The Sense Project
- 152 youth received revamped workshops

## 9.2. HEALTH SERVICES

The medical clinic continues to be making health information relevant, accessible and unique. This year, our new Health Coordinator, Mylène, has been dedicated to making sure our clients get the most of our medical service. The Health Services Program navigates the gaps in Quebec healthcare services, filling the gaps to best support our clients' needs.

Increases in service provision and informed consent for HRT has allowed for shorter wait time, creating less of a “revolving door” of care, and more in depth intake procedures. Head & Hands' medical clinic also continues to receive referrals for undocumented or uninsured youth, through collaboration with organizations like Médecins du Monde, who are “overwhelmed” and unable to meet demand.

With the new law that passed regarding "Les frais accessoires," and the minister of health having decreed that IUDs are not to be sold by doctors, private clinics around Montreal have altered what services they offer regarding IUD insertion. As a result, the Head & Hands clinic has “absorbed” those requests, doubling the number of IUD insertions from 2015 to 2016. More insertions create a “gateway” to conversations with new clients about negotiating their sexualities, and doing informal education.

*“We use language that’s familiar to them. We continue to be the only place in Montreal that sells the Caya diaphragm, so we get a lot of requests. We get to have conversations with people that you wouldn’t expect: like a mother with three kids, or a young Muslim woman who doesn’t want to take hormones” - Mylène, Health Coordinator*

- 308 STI screenings
- 45 youth came to Head & Hands for hormone therapy treatment
- 27% of clinic patients at Head & Hands were not covered by RAMQ

## 10: INSTITUTIONAL ADVOCACY

Part of amplifying youth voices means representing the interests of our clients, and using our platform to make their voices heard. Here’s how we are advocating for young people in Montreal:

### 10.1. EVENTS THAT WE ATTENDED, AND BOARDS THAT WE SIT ON

SIPPE

FQPN board

Missing & Murdered Indigenous Women

Table de sécurité alimentaire NDG

Table jeunesse NDG

Conseil Communautaire NDG

Rencontre des tables et organismes - Département Régional Santé Publique de Montréal -

TOMS - *Table* des organismes communautaires montréalais de lutte contre le *sida*

## 10.2. LETTERS OF SUPPORT

Dénonciation de l'utilisation discriminatoire et illégale des questions sur l'état de santé

Soutien à l'alliance communautaire en VIH/VHC/ITSS (REZO, ACCM, Cactus Montréal (projet ASTTeQ), Projet 10 et la Coalition Jeunesse LGBT)

Projet Mouve - (L'Anonyme - dans le cadre des *Fonds d'initiatives communautaires en matière de VIH/sida et d'hépatite C* de l'Agence de la santé publique du Canada)

Journée d'Action nationale contre les overdoses - (AQPSUD)

Déclaration de l'itinérance des femmes

## 10.3. COMMISSIONER OF OATHS

Ralph, our Legal Coordinator, became a Commissioner of Oaths this year. He can witness signatures for affidavits, or any documents that are required by law to be under oath.

## 11. VOLUNTEERS

Volunteers and interns are an integral part of our organization—they are truly the heart and soul of Head & Hands. This year, we were so thankful to have **161** people who gave just over **4600** hours of their time. Our volunteers did their work with creativity and devotion to raise awareness and support our programs and fundraising efforts. We would like to thank our volunteers for their colossal efforts that make our programs and services shine!

The Head & Hands board of directors met 9 times following the AGM on July 4th 2016

*"Originally, Head & Hands' appeal to me was in the opportunity to interact with all sorts of people. Having visited once before, the vibes and principles of the place really made an impression on me. Since then, I've significantly improved my people and problem-solving skills by leaps and bounds by volunteering at the front desk! It's been a great opportunity to both learn about the role of nonprofits in the community and contribute to work that is bigger than me."* -

Hannah, Front Desk Volunteer

## 12. OUR SUPPORTERS/PARTNERS

Please see online version to know who our kindly supporters and partners are.

Aux Vivres
Bar Bifteck St-Laurent
Barfly
Bierbrier Brewing Inc
Brutopia Brewpub
Burger Bar
Burger Royale
Burgundy Lion
Cafe Campus
Chez Boris
CJLO 1690AM
Co-op La Maison Verte
Compost Montreal
Davis Research LLC
Dispatch Coffee
Domino's Pizza
Eco Cartier
El Gordo
Enigma Tattoos
Enterprises Chef on Call Inc.

Espace Tricot
Esposito Groupe
Fairmount Bagels
Four Desserts
Frite Alors!
Gamma Rentals
Green Panther
Grumpy's Bar
H2O Adventures
Hurley's Irish Pub Inc.
Imadake
Irish Embassy Pub & Grill
Jean Coutu - Sherbrooke West, NDG
John Michael's Pub
Kingsley Desserts
Kittel Compagnie de Café
La Khaima
LazerQuest
Le Chalet Tattoo Shop Privé
Le Petit Four
Les Folies
Loblaws NDG and Pierrefonds
Lola Rosa Café

Mate Latte
Matrec Services
McKibbins Irish Pub (Bishop)
McLean's Pub
Melons & Clementines
Mik Ant Inc.
Milton Parc Recreative Association
Montreal Alouettes
Moog Audio
Moog Audio
Mountain View
Next Door Pub
Paskalamak Tatouage
People's Potato
Pop Montreal
Preservation Society
Printing Repro Desmarais
Printing Repro Desmarais
Provigo Supermarkets
Quatro Restaurant
Reuben's Deli
Ristorante Quattro
Rocky Montana

Roma Gourmet Sausage
Saving Grace Tattoos Inc
Services Matrec
Setsuko Massage
Shaika Cafe
SMJ Glacier
Spa Divine Beauty
Steve's Music
Studio Bliss
Sumac
Sweet Treats by Shanice
Symak Sales Co. Inc.
Syndicat Régional des Professionnelles en Soins du Québec
Tatouage Royal
Tattoo Artistique
Tattoo Lounge
Taverne on the Square
The Forum Sports Bar
Thought Technology Ltd.
Two Horses Montreal
Velo Burrito
Ye Old Orchard (Prince Arthur)

Zero Gravite
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## 12.2. COMMUNITY PARTNERS

African Canadian Development and Prevention Network
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AGIR - Action LGBTQ with immigrants and refugees
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AIDS Community Care Montreal (ACCM)
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Arts NDG
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ASTT(e)Q
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Atwater Library Digital Literacy Project
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Batshaw Advisory Committee on Diversity
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Batshaw Support Link and Youth and Family Services
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Big Smiles Daycare
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Black Community Resource Center
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Black History Month Roundtable
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Black Students Network of McGill
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Boys and Girls Club of Lasalle
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Cactus Montreal
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Camp Cosmos
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Canadian Professional Association for Transgender Health (CPATH)
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Carrefour Jeunesse Emploi NDG and CDN
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Casa del Popolo
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CATIE - Canada's source for HIV and Hepatitis C information
Center for Gender Advocacy
Centre des Organismes Communautaires (COCO)
Champlain College Lennoxville
CJLO
CKUT Radio
CLSC Monkland, Cavendish, and NDG
COCQ-SIDA
Concordia Applied Human Sciences
Concordia University: Loyola Campus
CSSS Cavendish
CSSS Cavendish SIPPE (Services integres en perinalite et pour la petite enfance) Projet
Dans La Rue
Dawson College Psychology Student Association
Dawson College Psychology Student Association
Dawson Community College
Dawson Student Union
DESTA Black Youth Network
Elizabeth House
Emploi Jeunesse
En Marge
English Montreal School Board

Engrenage Noir
Fantasia Film Festival
Farha Foundation
Federation du Quebec pour la planning des naissances
Fédération du Québec pour le planning des naissances (FQPN)
Fondation de la Visite
Fondation Quebécoise du SIDA
Gai Ecoute
Gender Creative Kids Canada
Girls Action Foundation
Hawkins Group Home
HIPPY Quebec
ICASP McGill
Indigenous Women and Two-Spirit Harm Reduction Coalition
Jam for Justice McGill
Jogo de Angola Capoeira
John Abbott College
L'Anonyme
L'Injecteur
Lac Des Iles Sunday Services
LaSalle College
Lower Canada College
Maison d'Herelle

Maison de la culture NDG
Maison des Jeunes Côte-des-Neiges
Maison Mosaik
Maison Plein Coeur
Marymount Academy
McGill Business Law Association
McGill Conservatory Day Camp
McGill Faculty of Medicine: Community Health Alliance Project
McGill Law Students Association
McGill Rad Frosh
McGill School of Social Work
McGill University Health Centre: Adolescent Medicine and Social Pediatrics
Médecins du Monde
Méta d'Âme
Midnight Kitchen
Milton-Parc Recreation Association
Moisson Montreal
Montreal Children's Hospital: DBACC Clinic
MotherWit Doula Care
NDG Community Center
NDG Community Council
NDG Food Depot
O3 On Our Own

Odyssey Group Home
One Full Circle
Outreach High School
OXFAM-Quebec
People's Potato
Phoenix Alternative High School
Pop Montreal International Music Festival
Porchfest NDG
Prevention NDG
Project 10
Project X
QPIRG Concordia
QPRIG McGill
Quebec Board of Black Educators
Queer McGill
Regroupement des organismes communautaires autonomes jeunesse du Quebec
Regroupement intersectorial des organismes communautaires de Montreal
Reseau d'aide aux personnes seules et itinerantes de Montreal
River's Edge Community Church
Riverview Elementary School
Roslyn Elementary School
Rudel Group Home
Saint Columba House

Santropol Roulant
Setsuko Massage and Spa
Sexual Assault Centre of the McGill Students' Society (SACOMSS)
Solidarity Across Borders
South Asian Women's Community Center
St. James Group Home
St. Luc High School
St. Mary's Hospital
St. Raymond's Community Centre
Stella
Syndicat Régional des Professionnelles en Soins du Québec
Table de concertation de sante mentale NDG
Table de concertation Jeunesse NDG
Table de travailleurs de proximite de CSSS Cavendish
Table des organismes communautaires montrealais de lutte contre le sida (TOMS)
Table Jeunesse NDG
The Hive (Dawson College)
Third Eye Ensemble
TRAC- Travail de rue et action communuataire
Tracom Crisis Center
Trans Legal Clinic
Unitarian Church of Montreal
Vanier College

Villa-Maria High School
Walkley Community Centre
Westhaven Community Center
Westmount High School
Willingdon Elementary School
Women on the Rise
Youth in Motion

### 12.3. FUNDERS

Annie Croll B'nai Tzedek Fund at the Jewish Community Foundation of Montreal
Beatrice Enid Foundation Fund at the Foundation of Greater Montreal
Betty Averbach Foundation
Centraide of Greater Montreal
Copibec
Dufresne and Gauthier Foundation
ECHO Foundation
Emeral Investments
Emploi Quebec
Engrenage Noir
Farha Foundation
Financial Research Solutions

Fondation Quebec Jeunes
Generations Foundation
George Hogg Family Foundation
Gewurz Family Foundation
Gustav Levinschi Foundation
Henry and Berenice Kaufmann Foundation
Home Depot Canada
Howick Foundation
J.W McConnell Foundation
Jim & Diana Bouchard Charitable Fund
MAC AIDS Fund
MacKenzie Financial Charitable Foundation
MacKenzie Financial Charitable Foundation
McGill Law Students Association
Ministère de l'Education, du Loisir et du Sport
Ministère de l'emploi et de la solidarité social
Ministère de la famille et des aînés (Halte Garderie)
Ministère de la justice : Soutien à l'action bénévole
Ministre de L'Immigration de le Diversité et de l'Inclusion
Programme de soutien aux organismes communautaires (PSOC)
Programme Montreal Interculturel
Public Health Agency of Canada
Service Canada : Canada Summer Jobs

Services intégrés en périnatalité et pour la petite enfance (SIPPE)
State Street Foundation
Telus Corporation
The Benevity Community Impact Fund
The Holt Foundation
Unitarian Church of Montreal
United Way of Burlington and Greater Hamilton
United Way of Greater Toronto
Ville de Montréal
Ville de Montreal-Ouest
Zeller Family Foundation
The Pathy Family Foundation

### 13. OUR TEAM

#### Head & Hands:

- Rhonda, Neil, Laura, Mylène, Andrea, Mutatayi, Charlie, Ralph, Richenda, Liz, Isabel, Caro, Bitá, Devon

#### J2K Team:

- Aaron, Manar, Junior, Xavier, Aurore, Ralph, Mutatayi, Neil, Brandon, Jay, Marcelle

#### YPP Team:

- Lee, Laura, Ting, Marnie

#### Social Media:

##### Facebook

<https://www.facebook.com/headandhands>

Twitter

<https://twitter.com/headandhands>

Instagram

@head\_and\_hands

Youtube

<https://www.youtube.com/user/HeadandHands>

HEAD & HANDS CONTACT INFO:

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